



HORWICH RMI HARRIERS & AC CROSS COUNTRY SEASON

2011/12

This season, once again, we are making our main focus the Mid Lancs Cross Country League. Having gained promotion into the top division last season, we need to turn out to show our commitment to challenging with the best.

The club remains affiliated to the Red Rose and South East Lancs leagues so anyone who wishes to compete in any other league as well for £4 for the series and not £4 a race (these are guest running fees).

This form can be used to enter one, two or all three leagues and all the fixture dates and venues are on this sheet. Please retain for further reference. Confirmation of these fixtures and maps can be found on line at:

<http://www.redrosecrosscountry.co.uk>

<http://www.midlancs.org.uk>

<http://www.selcc.co.uk>

Please make cheques payable to:

"Horwich RMI Harriers"

Numbers will be handed out at the first meeting of each league.

Fixture Lists

Mid Lancs Fixtures

29th October - Burnley
26th November - Liverpool
10th December - Chorley
14th January - Hyndburn
11th February - Barrow
3rd March - Leyland

Best four races out of six to count

Red Rose Fixtures

8th October - Leigh
22th October - Hyndburn
12th November - Bolton
3rd December - Rossendale

South East Lancs Fixtures

30th October - Clayton Vale
19th November - Heaton Park
10th December - Boggart Hole
21st January - Leigh

Please complete the following form and return by 30th September 2011

Name	UK Athletics Number			
Date of Birth	Age	Age Category		
DAY	MONTH	YEAR	on 1st Sept 2010	
Address				
				Postcode
Mobile Number				

Please return to:

Peter Ramsdale
142 Greenbarn Way
Blackrod
Bolton, BL6 5TF

Please enter me for the following races - tick boxes

Mid Lancs League tick £3.00

Red Rose League tick £4.00

South East Lancs tick £4.00

If you wish to be entered for the Northerns or the Nationals, then please tick boxes and enclosed additional fee

Northerns 28th Jan 2012 tick £6.00
Pontefract, Wakefield

Nationals 25th Feb 2012 tick £6.00
Parliament Hill, London

Total Remittance



this address will appear in the correct place when folded in a windowed envelope