



City of Manchester Indoor Open Meeting
Entry Form

Sunday April 11th 2010 (under UKA Rules)

Organised by Sale Harriers Manchester at Sportcity

Name:	Tel No. Day:
Club:	Tel No. Eve:
Address:	Date of Birth:
	Age (on 31/08/10):
	Email:
Post Code:	Male <input type="checkbox"/> Female <input type="checkbox"/>

Please indicate entry for events

	Sunday 11th April 2010			
	Under 9's	Under 11's	Under 13's	Under 15's
	10:00am start	10:00am start	1:00pm start	1:00pm start
60m	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
200m	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
400m			<input type="checkbox"/>	<input type="checkbox"/>
600m	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
High Jump			<input type="checkbox"/>	<input type="checkbox"/>
St. T Jump	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Long Jump	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Shot Putt	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Soft Javelin	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Standing Long Jump	<input type="checkbox"/>	<input type="checkbox"/>		

Entry

Each athlete is required to enter a run, jump and a throw at a cost of £5.00 (£6.00 if entered on the day). Cheques/ postal order (**no cash**) made payable to: **Sale Harriers Manchester**.

Details

- *High Jump starting height will be 1.15m and athletes will be restricted to a maximum of 6 attempts.
- *No spikes will be allowed in the Standing Triple Jump.
- *Ages are at midnight on the 31st August 2010 (minimum age is 6 years).
- * In the event of the Long Jump having a high entry the organiser reserve the right to close entry to the event at any stage.

Information

Entries to: City of Manchester Open, 19 Cranford Avenue, Sale, Cheshire. M33 2AU

Personal information contained on this form maybe used by our partners for the purpose of monitoring and evaluating the event. If you object to this then please tick the box.

Amount of entry fee enclosed: _____ Cheque Postal Order