

WARRINGTON ATHLETIC CLUB

OPEN MEETING

(Under U.K. Athletics Rules)

at

Victoria Park, Knutsford Road, Warrington, Cheshire
(8 Lane Synthetic Track)

SATURDAY 17TH APRIL 2010

Track Events Approximate Timetable

12 noon	3000m	Senior Men, Senior Ladies
12.15pm	400m H	SM, U17 Boys, SL
12.25pm	300m H	U17 Girls
12.30pm	75m	U13 Girls
12.40pm	100m	U13 Boys, U15 Girls/Boys, U17 Girls/Boys, SL/SM
1.20pm	75m	U9 Girls/Boys, U11 Girls/Boys
1.30pm	800m	U13 Girls/Boys, U11 Girls/Boys, U17 Girls/Boys, SL/SM
2.10pm	150m	U9 Girls/Boys, U11 Girls/Boys, U13 Girls
2.30pm	400m	U15 Boys, U17 Boys, SL/SM
2.50pm	300m	U17 Girls
2.55pm	600m	U9 Girls/Boys, U11 Girls/Boys
3.10pm	1500m	SM/SL, U17 Boys/Girls, U15 Boys/Girls, U13 Boys/Girls
3.10pm	Hurdles 110 SL/JM, 100m U17B/SI, 80m U15B/U15G, 75m U15G/U15B, 70m U13G (Hurdles will alternate with 1500m races)	
4:00pm	200m	SM/SL, U17M/W, U15B/G, U13B

Field Events Approximate Timetable

11.30am	Long Jump	Girls U9, U11 (Pit 1)
11.30am	Long Jump	Boys U9, U11 (Pit 2)
12.00 noon	Shot	Females U13, U15, U17, SL
1.00pm	High Jump	Females U13, U15, U17, SL
1.30pm	Long Jump	Females U13, U15, (Pit 1)
1.30pm	Long Jump	Females, U17, SL (Pit 2)
2.00pm	Javelin	Males U13, U15, U17, SM
2.30pm	High Jump	Males U13, U15, U17, SM
3.00pm	Javelin	Females U13, U15, U17, SL
3.00pm	Long Jump	Males U13, U15, U17, SM
3.30pm	Cricket Ball	Girls U9, U11
3.30pm	Cricket Ball	Boys U9, U11
3.30pm	Triple Jump	SM, SL, U17, U15

AWARDS TO BEST THREE IN EACH EVENT
ENTRY ON THE DAY £2.00 FOR EACH EVENT
REFRESHMENTS AVAILABLE

Photographs may be taken during the meeting. Any objections should be made at the announcer's office

Joanie Smythe, Secretary, Warrington 01925 486061

FUTURE MEETINGS

Monday 31st May 2010 - George Edwards Memorial T & F Meeting
Sunday 15th August 2010 - Terry Davies Memorial T & F Meeting